

SEPTEMBER AT THE SPANISH FORT SENIOR CENTER

FRIDAY, SEPTEMBER 8TH AT 2:00 – ICE CREAM SOCIAL WITH ASERA CARE

HOSPICE GROUP

FRIDAY, SEPTEMBER 15TH AT 10:00 – BIRTHDAY BASH & BINGO WITH KINDRED AT HOME-COFFEE & CUPCAKES PROVIDED AND PRIZES FOR THE WINNERS!

WEDNESDAY, SEPTEMBER 20TH AT 10:00 – COFFEE & CONVERSATION WITH CROWLEY HOME CARE GROUP; SPEAKER: DEANNA KINSLOW;
TOPIC: NUTRITION & DIABETES

WEDNESDAY, SEPTEMBER 20TH 2:30-4:30 – FLU SHOT CLINIC WITH RITEAID PHARMACY; THIS WILL BE SET UP IN THE KITCHEN AREA OF THE SENIOR CENTER

FRIDAY, SEPTEMBER 22ND AT 11:00 – PENNY AUCTION WITH THE BALDWIN HOUSE; PENNIES, SNACKS, & PRIZES PROVIDED; JOIN US FOR THIS NEW & FUN GAME!

TUESDAY, SEPTEMBER 26TH AT 11:00 – POTLUCK LUNCH WITH ALABAMA HOSPICE GROUP; SPEAKER: DOROTHY DORTON WITH AARP; MAIN DISH PROVIDED SO BRING EITHER A SIDE OR DESSERT!

THURSDAY, SEPTEMBER 28TH AT 11:00 – LUNCH & LEARN WITH MONTROSE BAY HEALTH & REHAB CENTER; SPEAKER: JAMES ROBERSON WITH AREA AGENCY ON AGING; COME FOR INFORMATION OR TO ASK QUESTIONS ABOUT THE UPCOMING MEDICARE OPEN ENROLLEMENT; LUNCH PROVIDED

KNITTING GROUP WEDNESDAYS 10-12; OPEN STUDIO PAINTING WEDNESDAYS 12:30-2:30; MAHJONG TUESDAYS & THURSDAYS 1-4

CYBER SENIORS IS BACK! SEPT. 12TH, OCT. 10TH, NOV. 14TH, DEC. 12TH, JAN. 9TH,
FEB. 20TH, MAR. 13TH, APR. 10TH

FOR QUESTIONS OR TO SIGN UP CONTACT THE LIBRARY: 410-7323

IF YOU'RE INTERESTED IN USING THE SENIOR CENTER FOR YOUR NEXT MEETING WITH FRIENDS, CALL US! WE HAVE PLENTY OF ROOM FOR YOUR GROUP TO PLAY CARDS OR ANY OTHER TYPE OF GAME. I WOULD LOVE FOR YOU TO JOIN US!

**FOR FURTHER INFORMATION, CONTACT JAMIE MILAM,
ACTIVITY DIRECTOR; 626-4884**